

The Novena for the Immaculate
Conception is a nine-day period of prayer
and reflection in preparation for the
Feast of the Immaculate Conception.
The novena typically starts on November
29 and concludes on December 7. This
novena is prayed in preparation for the
Feast of the Immaculate Conception. Here
is the traditional format and prayers for
the Immaculate Conception Novena:

FORMAT:

- 1. Sign of the Cross
- 2. Opening Prayer
- 3. Daily Reflection or Meditation
- 4. Prayer of the Day
- 5. Concluding Prayer
- 6. Hail Mary
- 7. Memorare
- 8. Sign of the Cross

PRAYERS:

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening Prayer

O God, who by the Immaculate Conception of the Blessed Virgin Mary did prepare a worthy dwelling place for Your Son, we beseech You that, as by the foreseen death of Your Son, You did preserve her from all stain, so too You would permit us, purified through her intercession, to come unto You. Through the same Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, world without end. Amen.

DAILY REFLECTION OR MEDITATION

Reflect on a different aspect of Mary's Immaculate Conception and her role in salvation history each day. This can include scriptural readings, meditations, or specific intentions.

PRAYER OF THE DAY

Day 1

O Most Holy Virgin, who was pleasing to the Lord and became His mother, immaculate in body and spirit, in faith and in love, look kindly on me as I implore your powerful intercession. O Most Holy Mother, who by your blessed Immaculate Conception, from the first moment of your conception, did crush the head of the enemy, receive our prayers as we implore you to present at the throne of God the favor we now request.

(Here mention your request)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth. You have the same influence now in heaven. Pray for us and obtain for us from Him the granting of my petition if it be the Divine Will. Amen.

Day 2 through Day 9

Repeat the same pattern as Day 1, focusing on different aspects of the Immaculate Conception and specific intentions each day.

Concluding Prayer

Grant us, O Lord, the favor of your heavenly blessing: and by the intercession of the Blessed Virgin Mary, free us from our present sorrow and give us joy and peace. Through Christ our Lord. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

This structure and set of prayers provide a rich and devout way to prepare for the Feast of the Immaculate Conception, honoring the purity and grace of the Blessed Virgin Mary.

