



4355 Del Mar Trails Road San Diego, CA 92130

6:30 - Wine & Cheese

7:00 - Lecture

1.19.24

HOW THE CHURCH FATHERS MADE ME CATHOLIC

A FORMER PROTESTANT'S JOURNEY TO THE CATHOLIC CHURCH

Joshua Charles is one of the rising stars of the Millennial generation. A bestselling author, historian, researcher, and international speaker, he is a passionate defender of America's Founding Principles, Judeo-Christian civilization, and the Catholic faith, to which he converted in 2018. He loves telling, and helping others tell, great stories that communicate great truths.





2.16.24

¡VIVA CRISTO REY!

THE CRISTEROS AND THE MARTYRS OF THE MEXICAN REVOLUTION

The average American's understanding of Mexican history is incomplete. American Catholics, however, should know Mexican history, because unlike our own history, much of Mexican history is Catholic history.

In the early part of the 20th Century, Masonic, Marxist revolutionaries, who were nothing less than the enemies of Jesus Christ, seized control of the government and attempted to destroy the Church.

In the midst of the terror, courageous priests clandestinely fulfilled the duties of their divine vocations, an army of laymen rose up and challenged the godless government. They were the Cristeros. Their battle cry was "¡Viva Cristo

Rey!" Their tale is one of the great Catholic war stories of all time, and it is one American Catholics need to know as the freedom of Holy Mother Church comes under greater and greater assault in our own land.

Christopher Check

3.15.24 AGREEABLE DISAGREEMENT: LESSONS IN LOGIC AND LIFE

Is an argument something to be avoided, or to be sought after? How can one argue without acrimony? What does it mean to "agree to disagree"? In this talk, Joe Grabowski, VP of Evangelization and Mission of the Society of G.K. Chesterton, provides some lessons from Chesterton's life and writings for practicing the virtue of having good arguments without falling into the vice of quarrelsomeness.



4.19.24

REMEDIES AGAINST SADNESS OF THE SOUL

Today there is a lot of public attention around mental illness especially the rise of anxiety and depression among young people. However, it's not just young people; anxiety rose across all demographic categories since 2008. Anxiety disorders are the most common mental illness in the US affecting 19% of the population. These trends are distressing, but are anxiety and depression something new to the human condition? Certainly not. While we may not have the stats to show the comparison, anxiety, depression - what the medieval thinkers referred to as "sadness of the soul" - has been around since the dawn of humanity. The question before us is: how do

we remedy this aspect of the human condition?
We will explore certain insights into remedies that St. Thomas Aquinas provides for those of us who struggle with the daily grind of life that causes sorrow sadness.

Joe Wurtz



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