

Heavenly Father, I thank you for loving me.
I thank you for sending your Son,
Our Lord Jesus Christ, to the world to save and set me free.
I trust in your power and grace that sustain and restore me.
Loving Father,

touch me now with your healing hands,
for I believe that your will is for me to be well in mind, body, soul, and spirit.
Cover me with the most Precious Blood of your Son,
our Lord Jesus Christ, from the top of my head to the soles of my feet.
Cast away anything that should not be in me.
Root out any unhealthy and abnormal cells.
Open any blocked arteries or veins and rebuild
and replenish any damaged areas.
Remove all inflammation and cleanse any infection
by the power of Jesus' Precious Blood.
Let the fire of your healing love pass through my entire body
to heal and make new any diseased areas
so that my body will function the way you created it to function.
Touch also my mind and my emotion.

Saturate my entire being with your presence,
love, joy, and peace, and draw me ever closer to you every moment of my life.
And Father, fill me with your Holy Spirit
and empower me to do your works,
so that my life will bring glory and honour to your Holy Name.
I ask this in the name of the Lord Jesus Christ.
Amen.

even the deepest recesses of my heart.

